

# Creating an After School Meal Program

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Partnership for Children & Youth



Connecting Communities and Schools to Resources  
So **Every Child** Can Thrive.



**PARTNERSHIP FOR CHILDREN AND YOUTH**

# Today's Webinar is Brought to You By...

## Partnership for Children & Youth (PCY)

is an advocacy and capacity-building organization, championing high-quality learning opportunities for underserved youth in California, with an emphasis on after school, summer learning, and community schools.



## Housing and Education (HousED)

is an initiative of PCY, that ensures that children and youth who live in public and affordable housing have **access to sustainable, high-quality learning opportunities** by cultivating systems of continuous learning, fostering collaboration, and building leadership, to help close the achievement gap, creating equitable educational outcomes for all children and youth.



# Agenda

## **Welcome**

*Linda Lu, Director of Strategy and Learning -- Partnership for Children and Youth*

## **Introduction**

*Patrice Chamberlain, Child Nutrition Consultant – Partnership for Children and Youth*

## **CACFP After School Meal Program Overview**

*Clarissa Hayes, Senior Policy Analyst -- Food Research and Action Center*

## **After School Meals In Practice**

*Doreen Hassan, Associate Executive Director – YMCA of Silicon Valley*

## **Discussion / Q & A**

# COVID Impact on Hunger

- Hunger has increased 113% in CA – even higher in some areas

(Source: CA Association of Food Banks)

- *Exacerbated hunger among those children and youth who already were experiencing food insecurity AND now more added to the at-risk group*

*“All hands on deck” approach to meet the need*



West Contra Costa USD staff ready to serve

# USDA Child Nutrition Programs

- Schools, community-based agencies, local/tribal government have been able to help through USDA Summer Meal Programs
  - No ID, no sign-up, caregiver pick-up or delivery, multiple days of meals
- Are we reaching all those in need right now?
- 2021 remains uncertain

***We need you as part of the all hands on deck!***



San Pablo Library Staff serving produce and meals

# CACFP After School Meals Overview

*Clarissa Hayes*

**Senior Policy Analyst  
Food Research and Action Center**



# Overview of the Afterschool Nutrition Programs

Clarissa Hayes  
Senior Policy Analyst  
FRAC

# Why Afterschool Meals?



Combats hunger and food insecurity by providing free meals and snacks to children 18 and under at sites in low-income communities



Supports overall operations for schools, meal sponsors, and afterschool programs by providing **reimbursement** for meals and snacks.



Program is **flexible** - including timing, meal options, locations, partners.



Ensures children have the nutrition they need to stay engaged in afterschool programming.



# Afterschool Meals and Snacks

- ✓ Two Program Options:
  - ✓ Child and Adult Care Food Program (CACFP)
  - ✓ National School Lunch Program (NSLP)
- ✓ Provides free meals and snacks to children 18 and under
- ✓ Sites in attendance area of school where 50% of children are eligible for free or reduced-price school meals (school data)
- ✓ Afterschool enrichment/activity

USDA (funds)

State Agency (administers program)

Sponsor (manages program)

Site (serves meals)

Children

# Meeting the USDA Meal Pattern for Afterschool Meals and Snacks

Reimbursable meals and snacks can be comprised of:

- Milk
- Grain
- Protein
- Fruit
- Vegetable



**Meals and snacks must include:**

- **Supper:** all four components and second, different serving of fruits/vegetables
- **Snack:** two of four components listed above

# Reimbursement



## CACFP At-Risk Afterschool Meal Program

- Supper: \$3.51
- Snack: \$.96
- Does not include cash-in-lieu of commodities (\$0.2375) for each supper served.



## NSLP Snacks (only option for schools)

- Only snacks
- Reimbursement depends on student eligibility for free (\$.94), reduced-price (\$.47) or paid (\$.08) meals

# What's Changed for the 2020-2021 School Year?

USDA has issued updated waivers and guidance for the 2020-2021 school year.

- ✓ Extended Summer Food operations through December 31, 2020
- ✓ Meals can be eaten offsite
- ✓ Waiver of area eligibility (SFSP & CACFP)
- ✓ Flexibility around meal service times and meal pattern
- ✓ Parent/Guardian pick-up
- ✓ Virtual/take-home afterschool activity

**Check with your state agency before making any changes to your meal programs.**

# Getting Started with Afterschool Meals



- Operate as a site under an existing sponsor
- Operate as sponsor

Contact your state agency to learn more:

<https://www.fns.usda.gov/contacts?f%5B0%5D=program%3A9088>



# Resources

- COVID-19 Updates and Resources
- Monthly Webinars
- Afterschool & Summer Newsletter
- Data reports
- Model programs, guides, and menus
- Outreach and marketing examples
- And more: [FRAC.org](https://www.frac.org)

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**FRAC**  
Food Research & Action Center

**Questions?**



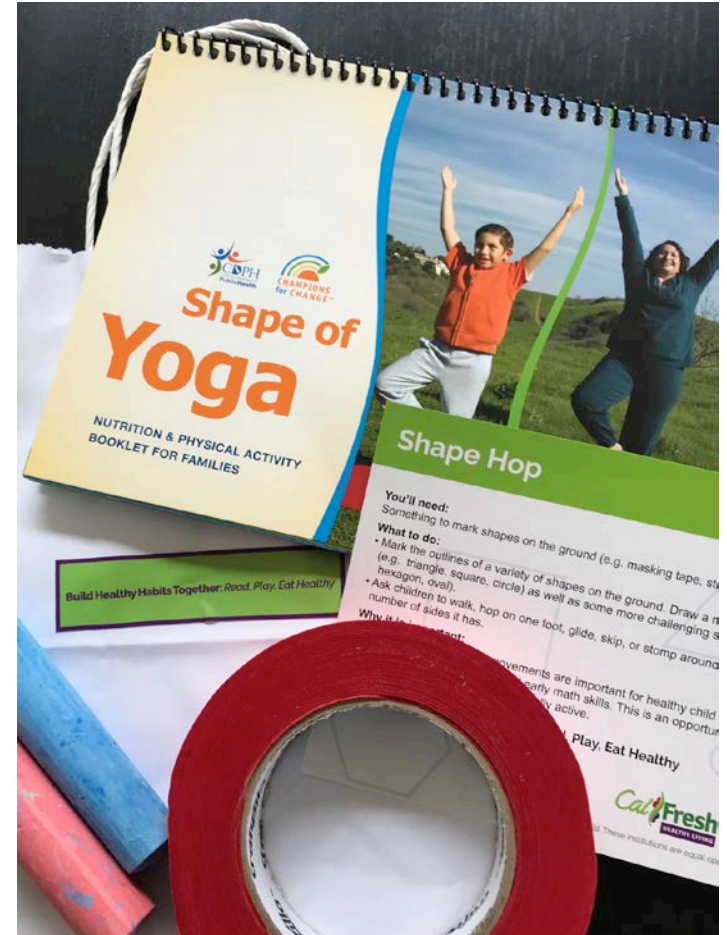
# After School Meals in Practice

*Doreen Hassan*

**Associate Executive Director  
YMCA of Silicon Valley**



# Opportunities Exist in Challenging Times



Partnerships with other agencies in the community can support continued learning!

# Discussion

***Questions?***

***We'd Like to Hear From You:***

***What are the biggest challenges facing the families you serve right now?***

# Next Steps

1. Contact your state agency (in California it is California Department of Education)
  - See who in your area may be serving after school meals if you are looking to get connected with a meal provider
  - If you are a school district, consider what community-based agencies may help you better reach children, e.g., affordable or public housing communities
  - <https://www.cde.ca.gov/ds/sh/sn/cacfpcentermap.asp>
2. Consider what partners in the community you might engage.
3. More detailed info in USDA At-Risk After School Meals Guide
  - <https://fns-prod.azureedge.net/sites/default/files/resource-files/atriskguide2017.pdf>

# THANK YOU

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